

23 Thursday 21 May 2009 Afternoon **1-5 STILES**

Wetland, Weirs and Wildlife (3 miles) 2.00 - 3.30pm

Discover some of the wetland areas of the park on this circular walk. Find out about the work being undertaken to improve the quality of the water in our fabulous lakes.

■ Start point Main visitor car park at Calke Abbey.
Car parking available free for members of National Trust, non members £1.50 per person.

The National Trust - Calke Abbey

Icons:

£2 per person

24 Thursday 21 May 2009 Evening **NO STILES**

The Crow Park Way Walk (2 miles) 7.00 - 8.30pm

A short evening stroll around Findern taking in the Trent and Mersey Canal. The Crow Park Way is looked after by the Findern Footpaths Group.

■ Start point Village Hall car park, Castle Hill Findern. Grid ref SK 307304. Free parking.

Findern Footpaths Group

Icons:

£2 adults
£1 concessions

25 Thursday 21 May 2009 Evening **5-10 STILES**

West Leics. National Forest Evening Walk (4.5 miles) 7.00 - 9.15pm

This walk covers what was an area mainly devastated by coal mining. Coalville Ramblers used to call it 'The Good, the Bad & the Ugly Walk' several years ago! Now, with regeneration most of the bad and ugly have started to disappear. A hearty welcome awaits you at the Navigation at the end of the walk.

■ Start point Navigation Inn, 166 Spring Cottage Road, Overseal, DE12 6NT
Grid ref SK 304162 (Parking for 76 Cars)

Coalville Group of the Ramblers' Association

Icons:

FREE

26 Friday 22 May 2009 Morning **1-5 STILES**

Oaks Walk (3 miles) 10.00am - 12 noon

A moderate walk including some field walking and stiles covering 3 miles around this ancient forest area.

■ Start point Mount St Bernard's Abbey, Whitwick, Leics. Free parking

Chamwood Borough Council

Icons:

FREE

27 Friday 22 May 2009 Morning **6-10 STILES**

The Hidden Lake (4.5 miles) 10.00am - 12.30pm

A stroll through the countryside visiting a recent addition to The National Forest, returning across fields and along bridleways to Anslow.

■ Start point Anslow Village Hall. Grid ref SK 213255. Limited parking at front of village hall, however there is ample roadside parking.

Ramblers Association East Staffordshire Group

Icons:

FREE

28 Friday 22 May 2009 Evening **NO STILES**

Creatures of the Night (1.5 miles) 8.00 - 9.30pm

Join the Ranger to discover what creatures come out at night! On this guided walk we will look for signs of animals that use the cover of darkness to search for food.

■ Start point Bignall's Wood, Staunton Harold. Parking at Ferrers Centre, Staunton Harold.

Forestry Commission

Icons:

£4 person
Under 12s free

29 Friday 22 May 2009 Evening **1-5 STILES**

Historical Evening Walk at Calke Park (1.5 miles) 7.00 - 9.00pm

Calke Park - four hundred years of evolution. A guided walk with Philip Heath, Heritage Officer, South Derbyshire District Council. This walk examines the changing fashions in landscape design that have left their imprints on the park, with visits to a few of the historic park and garden structures along the way.

■ Start point Polygonal shelter, main visitor car park, Calke Abbey. Car parking free.
Grid ref SK 367228. BOOKING ESSENTIAL, places strictly limited to 25. Telephone Swadlincote TIC 01283 222848

South Derbyshire District Council

Icons:

FREE

30 Saturday 23 May 2009 Morning **1-5 STILES**

Beacon Hill and Broombriggs Farm (5 miles) 9.00am - 1.00pm

Join the Rangers for a five mile guided walk around the boundaries of Beacon Hill, Broombriggs Farm and Windmill Hill Country Parks. Discover new views, find out about the wildlife, and learn how things have developed over the last 20 years.

■ Start point Beacon Hill Country Park - Lower Car Park, Off Breakback Road, Woodhouse Eaves. Car parking charge £1.50

Leicestershire County Council Countryside Service

Icons:

£3 adults
£2 concessions
£8 family ticket

31 Saturday 23 May 2009 Morning **10+ STILES**

Yoxmoor Bank and the Swarbourne (8 miles) 10.00am - 3.00pm

A walk going over the old Yoxall Bridge, up Yoxmoor Bank into Yoxall, and then a mainly flat walk, following the River Swarborne with fine views of Wychnor Park Country Club.

■ Start point Large layby on your right on A515 after Yoxall and before Kings Bromley.
Grid ref SK 128175

Ramblers Association East Staffordshire Group

Icons:

FREE

32 Saturday 23 May 2009 Morning **NO STILES**

Bird Walk (1 - 2 miles) 10am - 11.30am

Learn a little about Rosliston Forestry Centre's feathered friends as you walk with expert Brian George.

■ Start point Rosliston Forestry Centre, Burton Road, Rosliston, Swadlincote, Derbyshire
Grid ref SK 244175. Car parking available £2.00/car/day.

Get Active in The Forest

Icons:

£1

33 Saturday 23 May 2009 **10+ STILES**

Figure of Eight walk - join for all day or just morning 10.00am start or afternoon 2.15pm

Join Leicestershire Footpaths Association for all of the figure of eight walk (total 9 miles with lunch stop at pub) or for the morning (6 miles circular) or the afternoon (3 mile circular).

■ Start point Thornton Church for both morning and afternoon walks. Grid ref SK 468076

Leicestershire Footpaths Association 0116 2711073 for more details.

Icons:

FREE

34 Saturday 23 May 2009 **1-5 STILES**

Walks with an Edwardian naturalist (2 miles) Morning 10.30am - 12 noon. Afternoon 2.00 - 3.30pm

Enjoy a stroll in the park with an Edwardian naturalist. She will help you discover some of the weird and wonderful wildlife that lives in this wonderful park. Why not bring Edwardian attire and a picnic?

■ Start Point Main visitor car park at Calke Abbey.
Car parking available free for members of National Trust, non members £1.50 per person.

The National Trust - Calke Abbey

Icons:

FREE
but charge for refreshments